

Summer 2019

# JADE DENTAL PRACTICE

Tel: 01233 632228 Email: [reception@jadedental.co.uk](mailto:reception@jadedental.co.uk)  
Website: [www.jadedental.co.uk](http://www.jadedental.co.uk)



## Welcome to our Summer Newsletter.

Jade Dental Practice are celebrating the first anniversary of Dr Adil Khalil and Dr Rehab Afridi joining the Practice as Principal Dentists. We would like to thank you for your loyalty and continued support which has contributed to this successful venture.

Adil, Rehab & the Jade Team.

## What's new at Jade?

Our team has recently expanded and we are pleased to announce the arrival of Dentists Dr Irina-Daniela Sarbu and Dr Louise Gotting. We also welcome trainee Dental Nurse, Lauren Davis.

Please join us in wishing them every success in their new roles at the Practice.



### **Dr Irina- Daniela Sarbu GDC No. 181253**

Irina gained her DMD after graduating in 2005 and worked for 3 years in a fully private practice in her native country, Romania. Irina is a member of the British Orthodontic Society and as an Invisalign full provider, has an interest in Invisalign treatment. She is currently studying for a PGDip in 'Clear Aligner Therapy'. Proficient in all aspects of dentistry, she regularly attends numerous courses and conferences. Irina is well known to be a great communicator with a good chair-side manner. She is enthusiastic, caring, ethical, hardworking and a perfectionist with great attention to detail.

### **Dr Louise Gotting GDC No. 66160**

Louise graduated from King's College Dental Hospital London in 1990. Louise has spent the last 12 years working in general practice. Prior to this she gained valuable experience working in a variety of dental settings in the UK and abroad. Louise is a Dentist with a caring approach who communicates well and has treated patients with special needs and patients who suffer with dental phobia. She has also worked in a hospital environment which has allowed her to perfect her extraction and surgical skills in oral and maxillofacial surgery.



### **Lauren Davis**

Lauren recently joined the Practice as a Trainee Dental Nurse. Lauren has always had a keen interest in 'teeth' and had been thinking about a career change for some time. After a successful interview, Lauren started her 'in-surgery' training and will begin an 18 month course studying for a Level 3 Diploma in Dental Nursing at Ashford College in September. In addition to nursing, there are a lot of administrative duties to learn such as booking appointments, meeting patients and reassuring them, as well as handling the associated paperwork. Good luck Lauren in your new chosen career.

## Invisalign Offer

### What is Invisalign?

Invisalign orthodontic treatment allows you to straighten your teeth without metal braces. At your consultation, your Dentist will confirm if you are eligible for treatment. The next step is an appointment for an iTero® scan. This is a device that is used to map out the mouth in preparation for improvements in the bite and smile. Jade Dental Practice is one of the few practices in the area able to offer this type of scan.

The traditional way of making impressions involved the use of a liquid plaster product for making a mold of the teeth and gums. This method was not 100% accurate and most patients found the procedure uncomfortable.

The iTero® scanner works by using digital technology to come up with a 3D diagram of the mouth. It uses hundreds of focal points to come up with measurements in nearly every way imaginable. This basically becomes the blueprint by which the orthodontic product (aligner) will be made. The scan is much more precise than what could be achieved with traditional impressions.

Depending on the complexity of the treatment, you will receive a series of custom-made aligners to wear every day and change at home, on average every 1-2 weeks. You will visit your Dentist around every 6-8 weeks to monitor progress and receive your new aligners.

Life can continue as normal as the Invisalign system discreetly does its work. You can comfortably wear your aligners for 22 hours a day and because the aligners are removable, it's easy to maintain your regular oral hygiene and enjoy your usual diet.

After finishing your straightening treatment you will receive a set of three Vivera retainers. To give you the ultimate smile makeover, you will then start your Zoom home whitening treatment.

Invisalign is the most advanced clear aligner system in the world and can completely transform your smile. Whether your case is complex, or your orthodontic needs are minimal, such as one crooked tooth, there is a series of aligners that will be right for you.

If you are considering orthodontic treatment, book an appointment for a **FREE** consultation. A £20 deposit is required which is taken off your Invisalign treatment costs should you choose to proceed. If not, the deposit is refundable.

You have everything to gain from a beautiful smile and a new found confidence in your well being. Don't miss this opportunity to take advantage of our current offer with up **to £750 off** of your treatment. Get ready for something great, start with your smile!

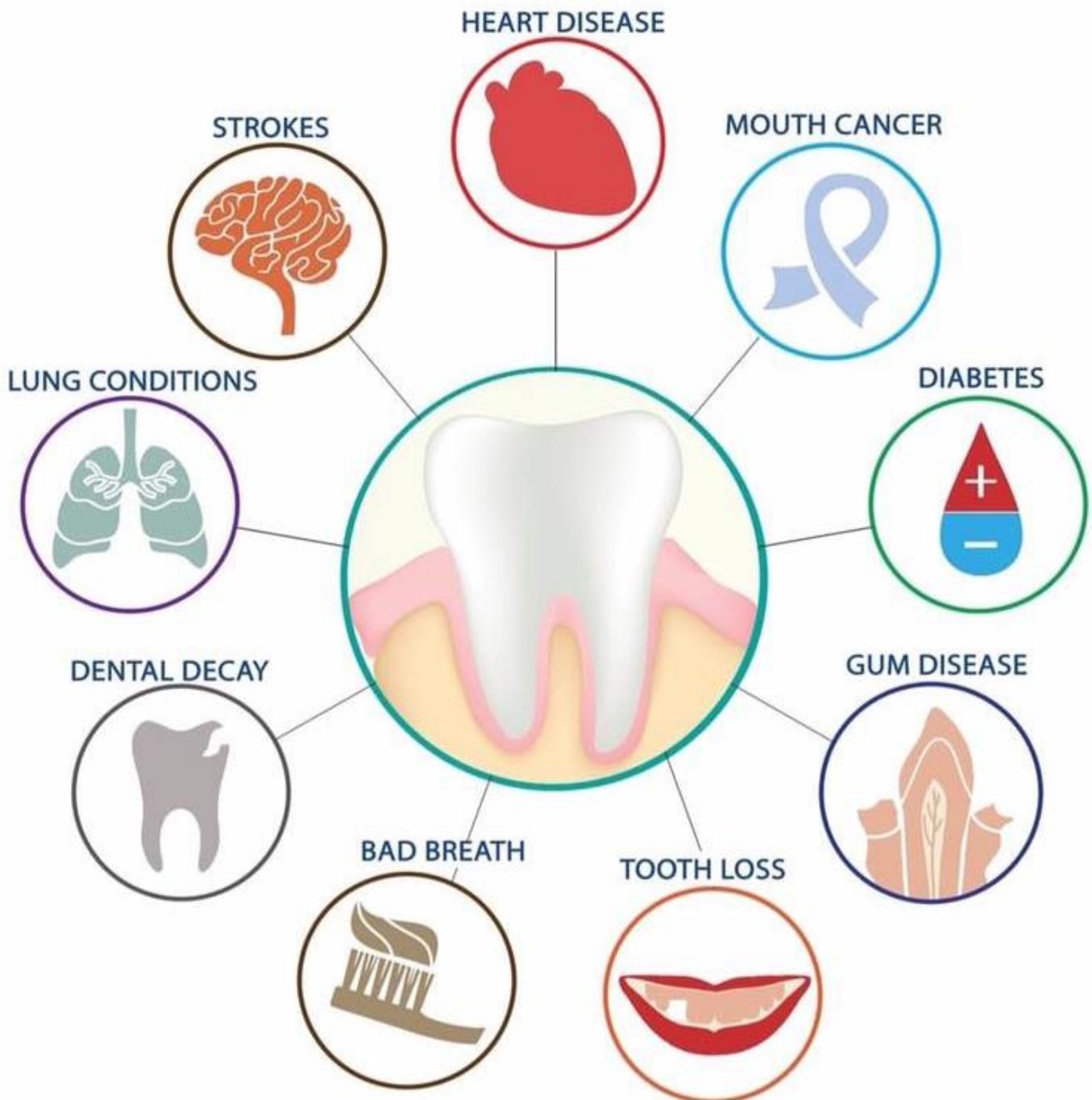
**Your treatment plan includes:  
Consultation, iTero® 3D scan, a panoramic x-ray, Invisalign records and Clincheck,  
all progress / review appointments, Zoom home tooth whitening  
and a set of three Vivera retainers.**



## What problems could poor dental health cause?

It's not just your teeth that benefit from good oral health. There are 9 other good reasons to clean your teeth twice a day, floss or use interspace brushes once a day and see your Dentist regularly for a check-up. Early, late and Saturday appointments available.

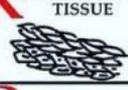
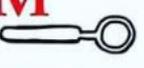
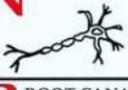
Call us on 01233 632228 or visit [www.jadedental.co.uk](http://www.jadedental.co.uk)



## Fun things at Jade...



Our Receptionist Gillian preparing for her Aero Legends Spitfire Flight Experience at Headcorn Aerodrome earlier in the summer. Gillian said 'It was a brilliant day'.

DENTISTRY ALPHABET			
<b>A</b> ANESTHETIC 	<b>B</b> BONE 	<b>C</b> CAVITY 	<b>D</b> DENTURE 
<b>E</b> EXTRACTION 	<b>F</b> FLOSS 	<b>G</b> GLOVES 	<b>H</b> HANDPIECE 
<b>I</b> IMPLANT 	<b>J</b> JAW 	<b>K</b> KERATINIZED TISSUE 	<b>L</b> LIPS 
<b>M</b> MIRROR 	<b>N</b> NERVE 	<b>O</b> ORTHODONTICS 	<b>P</b> PROPHY 
<b>Q</b> QUADRANT 	<b>R</b> ROOT CANAL 	<b>S</b> SEALANT 	<b>T</b> TOOTHBRUSH 
<b>U</b> UVULA 	<b>V</b> VENEERS 	<b>W</b> WEDGE 	<b>X</b> X-RAY 
	<b>Y</b> YELP! 	<b>Z</b> ZIRCONIA 	

## 60 Second Interview

At Jade Dental Practice we like our patients to get to know us a little better, so in this issue we find out a bit more about **Paige, our Practice Manager**.

What 3 things would you take onto a desert island?

**'A box of matches, a case of Prosecco and Gerard Butler!'**

What is your favourite food? **'Indian, the hotter the better'**

If you could choose another career, what would it be?

**'I'd liked to have been a midwife'**

What was your toughest accomplishment?

**'Passing my Level 5 Diploma in Leadership and Management'**

Which film can you watch time and time again?

**'My all time favourites are Mamma Mia 1&2'**

What's your favourite thing about working at Jade Dental Practice?

**'I love working with my team. We have a good working relationship and I have made friends for life. Also, some of our patients have been coming here for years so it's like one big happy family!'**

